

Crisis Education Systems LLC
NASAR TECH II COURSE April 20-22 and 27-29, 2012
Torrington, WY

Things to Include in your 24 Hour Pack for Class

Personal First Aid & Survival Kit:

- 4—Acetaminophen or aspirin tablets 1-- pair Latex rubber gloves
- 2—Antiseptic cleansing pads 4—Antacid tablets
- 1—Antiseptic ointment 1—Whistle
- 6-- Band Aids, various sizes 2—Safety Pins, large
- 1—Candle, long burning 1—Roller Gauze Bandage
- 2—Cotton swabs, non-sterile 1—leaf bag, large
- 1—Duct tape, 5 to 10 ft 1-- Moleskin
- 1—Towellette, clean
- 2—Quarters
- 8—Matches in waterproof container
- 1—Splinter forceps, tweezers
- 1—Razor blade, single edge, safety type
- 1—Space Blanket or Space type sleeping bag
- 1—Plastic Bag, zip lock, qt size for kit

Personal SAR Equipment:

- 4—Bags, zip lock, various sizes 1—Bandana, handkerchief
- 1—Mirror, small 1—Clothing, adequate for climate
- 2—Carabineers (locking) 1—Insect Repellent
- 1—Gloves, durable even in summer 1—Lip Balm/w sunscreen
- 1—Flagging Tape, roll 1—Goggles or eye protection
- 1—Pack, 1800 cu in (min.) 1—Pad and Pencil
- 1—Flashlight or lantern 1—Cap or other headgear
- 1—Rainwear, durable 1—Clothes bag, waterproof
- 1—Compass, Orienteering 1—Metal cup or pot
- 1—SAR Personal Identification 1—Scissors, multi-purpose
- 1—Watch 8—Wire ties, plastic self locking
- 1—Tracking Stick, 42 in. min. 1—Socks, extra pair
- 1—Tissue Papers or baby wipes 1—Knife, multi-purpose
- 1—Sunscreen Lotion 1—Measuring Device, 18 inch min.
- 1—Wire, 5-10 ft. woven steel 1—Clothing, extra set for climate
- 1—Nylon or small rope; 50 ft. 1—Footwear, sturdy, for climate
- 1—Webbing, 1" tubular, 20 ft. 2—water containers min. 1 liter size
- 1—Extra Flashlight, extra batteries, extra bulb
- 2—Prusik slings (7mm)
- 1—Shelter material, 8 x 10 plastic or coated nylon